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July's Masters news

We hope you are all safe and doing well in these challenging times.

Preparations for the World Masters Games in Kansai are in full swing and our hosts in Japan are making great progress.

At the moment, the dates remain unchanged and the event will be held from May 14th to 30th 2021.

The postponed Pan-American Masters Games also plan to take place later next year. We're currently working on definitive dates for this event and will communicate these once they are set.

So, whether you want to explore Brazil or Japan in 2021 (or both), we hope to see you there!

Worth thinking about...

"A trophy carries dust. Memories last forever."

– Mary Lou Retton

Kansai 2021 updates

For those of you already booked for Japan next year, and for those of you who are considering the trip, learn about Games-related information.

Discover how to register and when for the sports you want compete in.



[LEARN MORE >](#)



Heart of a Champion

In her 60s, New York attorney Sharon Hernstadt was clearly facing growing health concerns, not the least of which was heart disease, triple bypass surgery and osteoporosis.

Now the 80-year-old grandmother of six is a World Powerlifting Champion.

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Our upcoming events

Love to compete?

Love to travel?

Love to meet new and like-minded people?

Discover our upcoming events and find one that's right for you...

[LEARN MORE >](#)



5 reasons to visit the Kansai region

Considered as Japan's cultural and historical centre, Kansai offers many things to travellers. This article by Japan Info outlines five reasons why a visit to Kansai is worth your while.

[READ MORE >](#)

Join our dedicated Facebook Group...

This is our managed online space for Masters athletes to connect before, during and after events.

Join our dedicated Facebook group and connect with the rest of the community.

[JOIN NOW >](#)



A look back at Penang 2018

The inaugural Asia-Pacific Masters Games took place in 2018 in the vibrant state of Penang on Malaysia's west coast.

Discover photos and videos from the Games and get a feel for what could be waiting for you and your Masters community at our next Asia-Pacific event in Korea in 2022.

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